

I BRENDAN MOVES TO PORT CREDIT

And Accepts Position at MedCan

Brendan has recently uprooted his business and moved from Whitby to Port Credit Ontario, Mississauga's village on the lake (www.PortCredit.com). Brendan would like to extend his gratitude to all of the training clients he serviced while working in

Whitby and North York. Each and every one of you gave him the opportunity to make a living doing a job he loves, and he wishes you all the best as you continue your training with his apprentice personal trainers.

Brendan will now be stationed out of the Medcan Clinic Training Studio in downtown Toronto, where he has

accepted a position as Fitness Consultant and Personal Trainer (www.Medcan.com). Brendan's new schedule makes him available to service private in-home training from early to mid-morning. He will then be servicing personal training at the Medcan Clinic from late morning until early evening. Brendan's schedule has been rapidly filling up with new clients, and training schedule availability is quickly becoming limited.

To discuss your fitness goals and how Brendan can make them happen: call 905-999-6320, or e-mail Brendan@Foxfitness.ca



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